

# Join us in Washington for the 2003 National Health Care for the Homeless Conference!

We are pleased to be gathering in Washington, DC, this year for the 2003 National Health Care for the Homeless (HCH) Conference. We promise you an exciting and full agenda, which highlights *Seeds for Growth: Capacity, Competence, Compassion*. Our intent is to support and inspire your work as you face the challenging and complex issues posed by homelessness today.

Experts from around the country, including your peers, will present up-to-date information, innovative approaches, and challenging ideas on a wide range of topics. This year's conference will feature 48 workshops, including five special policy sessions presented as part of the HCH Policy Symposium. It will also feature two keynote speakers, poster presentations, a resource area, and tours of local programs. A pre-conference institute, sponsored by the National Health Care for the Homeless Council and HCH Clinicians' Network, will be held on Wednesday, May 28, 2003.

You are invited to join us on Thursday afternoon for a reception and the opportunity to see old friends and make new ones. Friday night will feature special entertainment. And for those who enjoy sightseeing — from national monuments to museums, gardens, and the National Zoo — Washington has much to offer.

This year's conference offers you educational and networking resources, along with opportunities for renewal and inspiration. Hope to see you there!

- The Bureau of Primary Health Care

## Conference Goals:

- Address local solutions to meet the needs of homeless people
- Share information about working with homeless people
- Learn from our homeless and formerly homeless neighbors
- Nurture relationships among administrative, clinical, and other staff in the field
- Provide a forum for discussing issues of common concern
- Renew and inspire staff who work in a stressful environment
- Strengthen the vision of the HCH Program

#### Who Should Attend?

This conference is designed for HCH professionals, including administrative, clinical and support staff, board members, and clients. It will also be of value to others who provide health care and support services to homeless people, as well as government officials and advocates.

Hyatt Regency Washington on Capitol Hill Washington, DC

# Conference

Keynote Address:

Thursday, May 29, 8:30 - 10:00 a.m.

Sam S. Shekar, MD, Assistant Surgeon General, U.S. Department of Health and Human Services

As head of HRSA's Bureau of Primary Health Care, Dr. Shekar manages the \$1.3 billion health center program that funds more than 3,400 community health centers and clinics, migrant health centers, health care for the homeless centers, public housing primary care centers and school-based health centers. In addition, Dr. Shekar oversees President Bush's Health Center Initiative, which is designed to add 1,200 new and expanded health center sites by 2006 and increase the number of patients treated annually to 16 million.



Dr. Sam S. Shekar



Joseph P. Shapiro

# Joseph P. Shapiro

Joe Shapiro is a correspondent for National Public Radio (NPR), covering health, aging, disability, and children and family issues. Before joining NPR, he spent 19 years at U.S. News & World Report as a social policy reporter, Rome bureau chief, White House and congressional correspondent. Mr. Shapiro will share stories and insights from his coverage of NPR's Housing First series, a yearlong special reporting project exploring why it's so difficult for Americans with special needs to find good housing—and how the lack of housing often stymies their efforts to join, and flourish in, the mainstream of society.

# Marcus Colasurdo

Marcus Colasurdo is a widely published author of poetry, novels, and essays and the founder of Gimme Shelter Productions, a Baltimore based theatrical group that stages benefits for homeless organizations. His latest book, *The First of May*, was recently published by Four Winds Press. Mr. Colasurdo, who has performed his works nationwide, will read his poem *Third Street Deep Blues*, which recounts his experiences with homelessness.

### Pre-Conference Institute

Wednesday, May 28, 8:30 a.m. - 4:30 p.m.

HCH 101: An introduction to the HCH model of care. This is an orientation for all HCH staff and advisory board members (especially consumer members) who are relatively new to the HCH world. Faculty includes experienced HCH clinicians, administrators and advocates, as well as experts from the Bureau of Primary Health Care. *See full description on page 6*.

### Welcoming Reception

Thursday, May 29, 5:30 - 7:00 p.m.

Join us for refreshments, conversation and the chance to meet new people and catch up with old friends.

An Evening of Entertainment by The Hexagoners!

Friday, May 30, 8:00 p.m.

Experience Washington's only original, political, satirical, musical comedy revue! You won't want to miss this special event.

# Highlights

HCH Clinicians' Network 8th Annual Membership Meeting *Thursday, May* 29, 4:00 – 5:30 p.m.

The Network invites all conference attendees to its membership meeting, which will include an awards presentation honoring outstanding achievements in providing health care for people experiencing homelessness. Keynote presenter, Carmen M. Ramis, MD, a preceptor, lecturer, author, and physician at Saint Vincents Medical Centers of New York, will share her rich experience teaching health care for homeless individuals in outreach, primary care and mental health settings.



Dr. Carmen M. Ramis

# Tours of Local Programs

Friday, May 30, 9:00 a.m.- 12:00 noon

Conference attendees will have the opportunity to visit local shelters and other homeless service delivery sites. Vans will transport participants to and from these sites, and tour guides will answer questions during travel through the city. Registration will take place at the conference. (Space is limited.)

#### Resource Area

*Throughout the conference* 

The resource area offers a wealth of information, including free materials from national clearinghouses, provider organizations, and other groups working with homeless people. Features include:

- Poster presentations see enclosed *Call for Posters*
- Current books/reports on homelessness, including sample materials produced by HCH projects
- Bibliographies, tools, and other materials produced by the HCH Information Resource Center
- Merchandise (jewelry, greeting cards, art work and more) produced by HCH consumers and staff.

# Consumer Meeting

*Saturday, May 31, 1:00 – 3:00 p.m.* 

Consumers are invited to an informal meeting to learn about the National Consumer Advisory Board (N-CAB), to meet old friends, and make new ones as well!

National Gathering for Respite Care Providers Meeting *Saturday, May 31, 1:00 – 5:00 p.m.* 

All conference attendees are invited to attend a post-conference meeting on Respite Care for Homeless People. Participants will have a rich opportunity for information gathering and networking, regardless of their knowledge or experience with respite care. The growing respite care network has begun to develop as a formal organization, and this is a great time for new participants to get involved with this dynamic group.

# Expediting SSI and SSDI Disability Claims

Saturday, May 31, 8:30 a.m. – 5:00 p.m. Additional registration fee required. Please see conference registration form. This workshop takes participants through the SSA disability determination process from application through final determination. Practical advice and tips regarding expediting this process will be provided. Participants are asked to attend with an individual applicant's situation in mind that they can work through as the day progresses. By the end of the day, participants will have enough information and enthusiasm to see successful claims to their end! Presenters: Yvonne M. Perret, MA, MSW, LCSW-C, Advocacy and Training Center, and Jeremy Rosen, JD, National Law Center on Homelessness & Poverty.

## How to Write a Successful Section 330 Proposal

Saturday, May 31, 8:30 a.m. – 5:00 p.m. Separate registration required. See enclosed flyer for complete information. This workshop, sponsored by the National Association of Community Health Centers, is designed for applicants seeking BPHC funding.

# Conference At-A-Glance

Wodnesday Mars 20		
Wednesday, May 28 —	HOW and D	
7:00 a.m.	HCH 101 Registration	
8:30 a.m. – 4:30 p.m.	Pre-conference Institute: HCH 101	
12:30 p.m.	Afternoon of Advocacy — Policy Symposium	
4:00 – 6:00 p.m.	Conference Registration	
Thursday, May 29 —		
7:30 a.m. – 5:30 p.m.	HCH Conference Registration/Resource Area/Poster Presentations/Exhibits	
7:30 – 8:30 a.m.	Continental Breakfast	
8:30 - 10:00 a.m.	Welcome/Keynote Address	
10:00 - 10:30 a.m.	Break/Poster Presentation Discussion	
10:30 a.m 12:00 noon	<ul> <li>Workshops</li> <li>Continuous quality improvement, core values, and corporate compliance</li> <li>Creating and maintaining a healthy work environment</li> <li>HIV/AIDS as a chronic illness</li> <li>Oral/dental care in a primary care setting</li> <li>Housing first: Implications for health care and social service providers</li> <li>Housing and the politics of exclusion — <i>Policy Symposium</i></li> </ul>	
12:15 – 1:45 p.m.	HCH Policy Symposium Luncheon	
2:00 - 3:30 p.m.	<ul> <li>Workshops</li> <li>Advanced marketing and fundraising</li> <li>Pediatric asthma</li> <li>Opiod replacement: Myths and facts</li> <li>Access to treatment of co-occurring disorders</li> <li>Collaborating with community-based and faith-based organizations</li> <li>Involving consumers in HCH policy and advocacy</li> <li>Health care and the politics of exclusion — Policy Symposium (repeated Friday 8:30 - 10:00 a.m.)</li> </ul>	
3:30 - 4:00 p.m.	Break	
4:00 - 5:30 p.m.	HCH Clinicians' Network 8th Annual Membership Meeting	
5:30 - 7:00 p.m.	Reception	
Friday, May 30 —		
7:30 a.m 5:30 p.m.	Conference Registration/Resource Area/Poster Presentations/Exhibits	
7:30 – 8:30 a.m.	Continental Breakfast	
8:30 - 10:00 a.m.	<ul> <li>Workshops</li> <li>BPHC update (<i>repeated Saturday 8:30 - 10:00 a.m.</i>)</li> <li>Staffing recruitment, retention, and resources</li> <li>Getting the most from the Health Disparities Collaboratives</li> <li>Diabetes, hypertension and cardiovascular illness: An overview — Part I</li> <li>Impact of homelessness on the development of children and adolescents</li> <li>Cultural competence: Improving communication with Latino clients — Part I</li> <li>Health care and the politics of exclusion — <i>Policy Symposium (repeat of Thursday 2:00 - 3:30 p.m. session)</i></li> </ul>	
9:00 a.m 12:00 noon	Tours of Local Programs	
10.00 10.20	D. J.	

10:00 - 10:30 a.m.

Break

#### Friday, May 30 (continued)

10:30 a.m. - 12:00 noon

#### Workshops

- Trauma: Addressing the mental health concerns of homeless children and adolescents Part I
- The HCH role in the statewide response to need
- Telemedicine: What do we need to know?
- Diabetes, hypertension and cardiovascular illness: An overview Part II
- Collaborative approaches to case management
- Cultural competence: Improving communication with Latino clients Part II
- Incomes, wages and the politics of exclusion Policy Symposium

12:15 - 1:45 p.m.

#### Luncheon

2:00 - 3:30 p.m.

#### Workshops

- Trauma: Addressing the mental health concerns of homeless children and adolescents Part II
- Managing a staff-empowered and client-centered clinic
- Diagnosis and treatment of STDs
- Hepatitis C treatment
- Accessing veteran-specific services
- Keeping consumers informed
- Criminalization of homelessness and the politics of exclusion Policy Symposium

3:30 - 4:00 p.m.

#### Break

4:00 - 5:30 p.m.

#### Workshops

- Developing an oral health program
- Polypharmacy: Medication management for multiple needs
- Wound and foot care
- Homeless management information systems: Using community-wide data for services planning
- · Preventing homelessness after institutional discharge

8:00 p.m.

#### **Comedy Entertainment**

#### Saturday, May 31

7:30 a.m. - 12:00 noon

Conference Registration/Resource Area/Poster Presentations/Art Exhibit

7:30 - 8:30 a.m.

Continental Breakfast

8:30 - 10:00 a.m.

#### Workshops

- Substance abuse and homeless youth
- Intervention strategies in the cycle of domestic violence
- BPHC update (repeat of Friday 8:30 10 a.m. session)
- Becoming a consumer board member: What you need to know Part I

10:00 - 10:30 a.m.

Break

10:30 a.m. - 12:00 noon

- Workshops
  - Disaster preparedness for homeless agencies
  - Sexual abuse: Implications for HCH programs
  - Becoming a consumer board member: What you need to know Part II

8:30 a.m. – 5:00 p.m.

#### **Full-day Sessions**

- Expediting SSI and SSDI disability claims
- How to write a successful Section 330 proposal

#### Continuing Medical Education and Continuing Education Units

Pending approval from appropriate agencies, continuing medical education (CME) and continuing education units (CEU) will be offered for workshops attended by physicians, physician assistants, registered nurses, social workers and certified alcohol/substance abuse counselors. CME/CEU applicants should check with certifying authorities in their states prior to the conference regarding CME/CEU reciprocity and complying with attendance and documentation requirements. For more information, contact Nancy Hallock at Policy Research Associates at (888) 439-3300, ext. 243, or *nhallock@prainc.com*.

# HCH 101

# A full-day institute preceding the National HCH Conference

Designed for HCH staff and board members who are new or relatively new to the HCH world, this full-day institute costs \$75.00, including lunch. To register for the morning session only or for the full-day institute, please use the enclosed conference registration form.

MORNING SESSION 8:30 a.m. – 12:00 noon

## FOR ALL HCH STAFF AND BOARD MEMBERS

HCH orientation is essential to the professional development of HCH staff, board members and others. This session provides a comprehensive overview of the evolution of the HCH Program, philosophy of care, service delivery models, and the relationship of HCH grantees with the Bureau of Primary Health Care. In addition, participants will learn about policy issues relevant to the HCH field.

# CONCURRENT AFTERNOON SESSIONS 1:00 – 4:30 p.m.

# FOR CLINICIANS (CME/CEU applications pending)

All hands-on care providers including nurses, physicians, NPs, social workers, PAs, case managers, outreach workers, substance abuse specialists, mental health providers, and others are invited to this interactive session. Using an interdisciplinary case study approach, participants will discuss possible solutions to complex medical conditions, social issues, and policy issues relevant to homeless health care. Adolescent and adult case studies challenge participants to work as a team to address:

- mental health and substance use diagnosis and treatment,
- medical conditions including diabetes, hypertension, hyperthyroidism, and pregnancy,
- social issues such as gang and domestic violence, and
- cultural issues that may influence the provision of care.

#### FOR ADMINISTRATORS

Responsibility for an HCH project requires a thorough understanding of BPHC requirements. Program expectations, reporting, accreditation requirements, and developing consumer boards and advisory committees are some of the topics to be discussed in this afternoon session. In addition, participants will practice leadership skills through small-group problem-solving activities, using case studies representing typical HCH administrative challenges.

Participants are welcome to attend both the morning session of HCH 101 **AND** the Afternoon of Advocacy event. Please mark the conference registration form accordingly so that appropriate lunch arrangements can be made for you.

For more information, contact Jen Holzwarth at *jholzwarth@nhchc.org* or (505) 872-1141

Sponsored by the National Health Care for the Homeless Council and the HCH Clinicians' Network

# Health Care, Homelessness & the Politics of Exclusion The 2003 HCH Policy Symposium

Each year, the National Health Care for the Homeless Council convenes a Policy Symposium in conjunction with the National HCH Conference. This year's Symposium asks attendees to challenge political and economic structures that systematically exclude homeless individuals because of race, ethnicity, disease, disability, income, and/or housing status. This phenomenon of exclusion has fundamentally shaped contemporary America. Most excluded are impoverished people who lack stable housing. We must act to change a system that contributes to homelessness through the politics of exclusion—in health care, housing, and essential resources—and then blames the victims for their exclusion.

# Afternoon of Advocacy

"Invisible walls/visible walls: Opposing the politics of exclusion"

Wednesday, May 28, 12:30 p.m.

Join us Wednesday afternoon to share the tools, inspiration, and facts that empower us to be effective advocates for our clients, friends, and selves. Lunch and an advocacy briefing will be offered at the Community for Creative Non-Violence, just blocks from the Hyatt Regency Capitol Hill. We will then *take it to the Hill* to educate Members of Congress about the need for comprehensive health care, affordable housing, and adequate incomes for all. At 5:00 p.m., we will gather near the Capitol for music and activities by people experiencing homelessness and their allies from around the country.

## **Symposium Keynote Address**

Thursday, May 29, 12:00 noon

A keynote presentation during the annual HCH Symposium Luncheon will renew our commitment to the goal of universal health care, update us on health care legislation, and send us forth to engage in local, state, and national advocacy activities.

**Symposium Advocacy Corner:** Visit our Advocacy Corner to learn about ways to become involved in Federal and local advocacy to change the policies that exclude our most vulnerable neighbors. Pick up 2003 National Council Policy Statements, HCH *Mobilizers*, and other materials to share with your representatives on the Hill.

**Symposium Workshops:** Organizers and policy analysts from across the country will engage us in discussion on behalf of people experiencing homelessness. This year, five Symposium workshops, presented concurrently with National HCH Conference workshops, explore health care, housing, income, the criminalization of homelessness, and the many ways in which homeless issues are overlooked by public policymakers. See the Conference-At-a-Glance pages 4 and 5 for a schedule of workshop topics and presenters.

**HCH Policy Statements:** The National Council has adopted a series of Policy Statements about priority issues for 2003. Statements explore the issue of homelessness in relation to health policy, affordable housing, incomes, military spending, incarceration, and other subjects. Pick up a complete set of policy papers at the National Council's advocacy corner or find them online at *www.nhchc.org*.

For more information on the National HCH Council or the Policy Symposium, visit www.nhchc.org.

# Registration/Travel Information

Please complete both sides of the enclosed registration form (one form per person). Payment must be received before confirmation is sent. If one check covers multiple registrations, list the names of all registrants on the check.

Conference Fees	Payment received by May 9	Payment received after May 9
HCH grantees and subcontrac	tors \$225	\$240
Other participants	\$275	\$290
One-day participants	\$165	\$180
Students (include copy of stud	lent ID) \$165	\$180
Optional Fees		
HCH 101 (Wednesday, May 28	8) \$ 75	\$ 85
HCH 101 half-day only	\$ 40	\$ 50
SSI/SSDI Training (Saturday, I	May 31) \$ 50	\$ 60

The conference fee covers all sessions (except Wednesday pre-conference institutes and Saturday full-day sessions), materials, CME/CEU certificates, the welcoming reception, breakfast and lunch on Thursday and Friday, breakfast on Saturday, and the Friday evening entertainment. Conference fees will be refunded *only if cancellation is requested in writing by May 19*. For more information, contact Laura de la Cruz at toll-free (888) 439-3300, ext. 242, or *Idelacruz@prainc.com*.

**Consumer Scholarships:** A limited number of stipends are available to support travel, food, lodging and conference registration costs for homeless or formerly homeless members of HCH boards or advisory committees or for consumers who are staff members of HCH projects. For an application form, please contact the National HCH Council at (615) 226-2292 or *council@nhchc.org* no later than April 1, 2003.

Accommodations: The conference will be held at the Hyatt Regency Washington on Capitol Hill, 400 New Jersey Ave. NW, Washington, DC, 20001. A *limited number* of rooms are available at a reduced rate of \$150 (plus 14.5% tax) for a single and \$175 (plus 14.5% tax) for a double. We recommend that you make your reservations well in advance to take advantage of this rate, only valid May 27 – 30, 2003. Call the hotel's reservation department at (202) 737-1234 or (800) 223-1234 and specify that you are attending the Health Care for the Homeless Conference.

**Travel:** Washington, DC, is accessible by major bus and train lines and by interstate highways. For more information on shuttle service from any one of the local airports, please contact the Hyatt Regency on Capitol Hill. Taxi service between National Airport and the Hyatt costs approximately \$15.00 one way. The hotel is also accessible by the Metro, DC's subway system. Take the Metro Red Line to Union Station, a five-minute walk from the hotel. For more information, please contact the Hyatt at (202) 737-1234.

US Airways has been designated as the official carrier for conference attendees, with service into Dulles, Reagan National, and BWI airports. The special fare will offer a discount off First/Envoy Class or Lowest Applicable Published Fares. These discounts are valid provided all rules and restrictions are met and are applicable for travel from all points on US Airways' route system. Discounts are valid May 25 – June 3, 2003 and are not valid in conjunction with other discounts or promotions. Call US Airways' Group and Meeting Reservation Office toll-free at (877) 874-7687, 8:00 a.m. – 9:30 p.m., EST. Refer to Gold File No. 86182711.

Policy Research Associates, Inc. (PRA), of Delmar, New York, maintains the HCH Information Resource Center (HCH/IRC) under contract with the Health Resources and Services Administration's Bureau of Primary Health Care. The HCH/IRC provides HCH staff with access to information about clinical practices, funding opportunities, and legislative initiatives that impact their work. For more information, visit our website at <a href="https://www.hchirc.bphc.hrsa.gov">www.hchirc.bphc.hrsa.gov</a> or contact HCH/IRC at (888) 439-3300 or <a href="https://www.hchirc.bphc.hrsa.gov">hch@prainc.com</a>.